

## **KM Duathlon (15/9 2019)**

### **DAMKLASS**

#### **Långdistans (9km löpning, 30km cykling, 5km löpning)**

|   |                   |         |      |
|---|-------------------|---------|------|
| 1 | Angelika Karlsson | 2:12:26 | 200p |
| 2 | Anna Löwegren     | 2:23:20 | 180p |

#### **Kortdistans (4,5km löpning, 15km cykling, 2,5km löpning)**

|   |                             |         |      |
|---|-----------------------------|---------|------|
| 1 | Malin Wallin                | 1:01:58 | 160p |
| 2 | Cecilia Journath Pettersson | 1:10:13 | 140p |
| 3 | Jeanette Carpmann           | 1:13:00 | 120p |
| 4 | Caroline Haarala            | 1:18:03 | 100p |
| 5 | Maria Allard                | 1:21:32 | 90p  |
| 6 | Tanya Pryadko               | 1:24:12 | 80p  |
| 7 | Sandra Eriksson             | 1:34:40 | 70p  |

### **HERRKLASS**

#### **Långdistans (9km löpning, 30km cykling, 5km löpning)**

|   |                     |         |      |
|---|---------------------|---------|------|
| 1 | Mikael Kjellander   | 1:39:50 | 200p |
| 2 | Mikael Karlsson     | 1:48:10 | 180  |
| 3 | Hans-Henrik Nilsson | 1:51:04 | 160p |
| 4 | Joakim Lagmyr       | 1:54:00 | 140p |
| 5 | Roger Culmsee       | 2:09:14 | 120p |
| 6 | Clas Pettersson     | 2:10:10 | 100p |
| 7 | Anders Eriksson     | 2:11:49 | 90p  |
| 8 | Mats Wangenfors     | 2:37:01 | 80p  |

#### **Kortdistans (4,5km löpning, 15km cykling, 2,5km löpning)**

|   |                     |         |     |
|---|---------------------|---------|-----|
| 1 | Torbjörn Gårdestig  | 1:01:34 | 70p |
| 2 | Daniel Eriksson     | 1:06:29 | 60p |
| 3 | Mattias Andersson   | 1:07:56 | 50p |
| 4 | Carl-Johan Wahlgren | 1:11:58 | 45p |
| 5 | Pär Skoog           | 1:13:46 | 40p |
| 6 | Philip Lenekrantz   | 1:15:32 | 35p |
| 7 | Bengt Gunnarson     | 1:34:40 | 30p |

**TOTALT (dam & herr)****Långdistans (9km löpning, 30km cykling, 5km löpning)**

|    |                     |         |      |
|----|---------------------|---------|------|
| 1  | Mikael Kjellander   | 1:39:50 | 200p |
| 2  | Mikael Karlsson     | 1:48:10 | 180p |
| 3  | Hans-Henrik Nilsson | 1:51:04 | 160p |
| 4  | Joakim Lagmyr       | 1:54:00 | 140p |
| 5  | Roger Culmsee       | 2:09:14 | 120p |
| 6  | Clas Pettersson     | 2:10:10 | 100p |
| 7  | Anders Eriksson     | 2:11:49 | 90p  |
| 8  | Angelika Karlsson   | 2:12:26 | 80p  |
| 9  | Anna Löwegren       | 2:23:20 | 70p  |
| 10 | Mats Wangenfors     | 2:37:01 | 60p  |

**Kortdistans (4,5km löpning, 15km cykling, 2,5km löpning)**

|    |                             |         |     |
|----|-----------------------------|---------|-----|
| 1  | Torbjörn Gårdestig          | 1:01:34 | 50p |
| 2  | Malin Wallin                | 1:01:58 | 45p |
| 3  | Daniel Eriksson             | 1:06:29 | 40p |
| 4  | Mattias Andersson           | 1:07:56 | 35p |
| 5  | Cecilia Journath Pettersson | 1:10:13 | 30p |
| 6  | Carl-Johan Wahlgren         | 1:11:58 | 25p |
| 7  | Jeanette Carpmann           | 1:13:00 | 22p |
| 8  | Pär Skoog                   | 1:13:46 | 19p |
| 9  | Philip Lenekrantz           | 1:15:32 | 16p |
| 10 | Caroline Haarala            | 1:18:03 | 13p |
| 11 | Maria Allard                | 1:21:32 | 10p |
| 12 | Tanya Pryadko               | 1:24:12 | 9p  |
| 13 | Sandra Eriksson             | 1:34:40 | 8p  |
| 13 | Bengt Gunnarson             | 1:34:40 | 8p  |