

## Kvaltider Sum-Sim (50m) 2019 - 2020

Grenar	Flickor								Pojkar							
	14 o y		15		15 o y		16 - 17		14 o y		15		15 o y		16 - 17	
	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m
100m frisim	01:01,30	01:03,73	01:00,50	01:02,70			00:59,71	01:01,49	00:57,90	01:00,67	00:56,09	00:58,37			00:53,96	00:55,84
200m frisim					02:11,52	02:16,50	02:10,91	02:14,75					02:03,13	02:10,09	01:59,03	02:03,69
400m frisim	04:42,57	04:53,32	04:40,09	04:51,29			04:34,12	04:43,06	04:33,13	04:45,79	04:23,47	04:33,57			04:13,74	04:23,94
800m frisim					09:35,19	09:59,29	09:33,97	09:55,22					09:09,66	09:32,32	08:55,20	09:14,25
1500m frisim					18:22,26	19:02,82	18:19,82	18:59,45					17:33,89	18:26,99	17:12,25	17:53,48
4x100m frisim					04:10,85	04:19,67	04:05,38	04:13,29					03:52,77	04:01,89	03:43,78	03:52,09
4x200m frisim					09:11,13	09:31,11	08:58,46	09:15,39					08:42,45	09:10,26	08:28,12	08:47,64
100m bröstsim	01:16,84	01:20,73	01:16,50	01:20,34			01:16,18	01:19,70	01:14,52	01:19,26	01:11,65	01:16,13			01:08,98	01:12,12
200m bröstsim					02:44,43	02:51,72	02:46,63	02:54,20					02:36,54	02:48,45	02:32,03	02:40,90
100m ryggsim	01:09,38	01:13,26	01:08,75	01:12,43			01:07,87	01:11,02	01:06,49	01:10,87	01:03,85	01:07,88			01:01,48	01:05,25
200m ryggsim					02:28,63	02:36,35	02:28,54	02:35,03					02:19,49	02:29,99	02:15,11	02:24,16
100m fjärilsim	01:08,17	01:11,07	01:07,93	01:10,74			01:07,04	01:09,14	01:05,05	01:08,84	01:02,53	01:05,47			00:59,45	01:01,54
200m fjärilsim					02:35,82	02:43,32	02:34,52	02:43,58					02:27,29	02:40,25	02:16,79	02:25,38
200m medley	02:30,18	02:37,40	02:29,33	02:36,80			02:29,00	02:34,14	02:24,65	02:33,22	02:18,77	02:27,64			02:14,99	02:20,85
400m medley					05:13,94	05:31,29	05:13,87	05:28,57					04:59,32	05:17,74	04:49,84	05:04,65
4x100m medley					04:36,92	04:49,45	04:33,21	04:43,76					04:20,76	04:34,50	04:07,31	04:20,13

Kvalperioden startar alltid 1 januari året närmast före tävlingen och avslutas dagen före sista ordinarie anmälningsdag.